

INDICATORS FOR PRACTICE #1

PROGRAM: _____

Approach Your Work with Vision, Purpose and Intentionality

The following indicators will help you establish a baseline and determine your progress in this practice area. Rubrics should be completed every two to three months by you as a program director or member of your program’s leadership team, and by site directors, site staff and partners. This will make it possible for you to identify areas in which this practice is especially strong and areas where it can and should be improved. The more input you have in this process, the more reliable the information will be. Keep in mind that the purpose of this tool is to assist you in creating and implementing action plans that will hasten the achievement of your goals and help you measure and manage your progress along the way.

KEY:

1. We haven’t addressed this yet, or are just beginning to work in this area.
2. We’ve done some work in this area, but have a long way to go.
3. We’ve made significant progress and are doing reasonably well.
4. We’ve achieved a high level of success in this area.
5. We’re clearly outstanding in this area, and everyone would agree.

Date Completed:

- A _____
- B _____
- C _____
- D _____
- E _____
- F _____

INDICATORS		1	2	3	4	5
<i>Program/Site Vision and Goals</i>						
1	We have a powerful vision of students and their families adopting healthy lifestyles and maintaining them over the course of their lifetimes.					
2	Our vision brings people with different interests, perspectives and experiences together in a common purpose.					
3	Our staff understands our vision and how to move toward achieving it in their everyday work with students.					
4	Our goals in the area of nutrition are clear, easily understood and achievable.					
5	Our goals in the area of physical activity are clear, easily understood and achievable.					
<i>Staff Development</i>						
6	We provide research-based training in nutrition and physical activity to our staff.					
7	We provide ongoing coaching and mentoring to ensure the effective translation of training into daily practices and approaches.					
<i>Staff Knowledge, Attitudes and Skills</i>						
8	The positive attitudes and behavior of our staff are evident in their healthy eating habits and regular physical activity.					

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<i>Staff Knowledge, Attitudes and Skills continued</i>						
9	Our staff uses research-based resources, materials and curricula that build students' skills.					
10	Our staff uses approaches that are interesting and engaging to students.					
11	Our staff is clear about the connections between nutrition and health, and physical, mental and emotional well-being, and academic achievement.					
12	Our staff regularly offers suggestions and provides feedback to strengthen the activities we provide in nutrition education and physical activity.					
13	Our staff is working on improving their own nutrition and physical activity.					
<i>School and Community Relationships</i>						
14	We have established positive working relationships with the school district(s) and schools, and they share our vision.					
15	A variety of community partners share our vision and help us develop and strengthen the quality of our program and the nutrition and physical activities students are engaged in.					
<i>Evaluation and Assessments</i>						
16	We have a system in place that makes it possible for us to track our progress toward the achievement of our goals.					
17	We engage students in tracking their progress toward the achievement of their goals in the areas of nutrition and physical activity.					
18	We identify, celebrate and publicize our successes.					